Type 1 Diabetes Management for Dietitians

Online Evergreen Course

Who is this course for?

Dietitians with 1 – 5 years' experience in practice, with a good understanding of basic pathophysiology, diagnosis, and management of diabetes. This course can also be used as a refresher if you are returning to practice within this area.

What are the learning objectives of this course?

- Discuss the various forms of all types of diabetes and their management
- Gain in-depth knowledge regarding type 1 diabetes, including:
    - symptoms and diagnosis
    - medication management
    - dietary management
    - complications and co-morbidities considerations
    - how to support a person with type 1 diabetes within the diabetes care team
- Be aware of specific management strategies for type 1 diabetes in various specific populations, including children and adolescents, adults and women who are pregnant or lactating

How long will I have access to the course?

Once you have been uploaded onto the Learning Management System (LMS), you will have <u>on-going access</u> to the course and associated materials.

Do I need to complete the course in any order?

This course is self-paced, which means you can do as little as you like or as much as you like at any given time. It is recommended that you start at Module 1 and then progress through to Module 5, as each Module will build on knowledge from the previous Module.

What are the course requirements?

To receive your 'Professional Certificate', you will need to complete assessment items (Multiple choice Questions (MCQs)) throughout the course. Do not worry, you will have unlimited attempts!

How long will it take me to do the course?

This online course is worth <u>20 CPD hours</u>, so it should take approximately 20 hours to complete. You will need to manually upload your CPD hours for this course.

Who were the Content Matter Experts for this course?

This course was brought to you by the Centre for Advanced learning (CAL). CAL worked closely with the team from [Australian Diabetes Educators Association](#) to bring you this course.

Was this course peer-reviewed?

Yes. This course was peer-reviewed.